Lisa Bien Short Bio

Lisa is one of the most sought-after motivational speakers, media personalities and author whose platform continues to reach the masses.

Her "Morning Motivation" segments on Philadelphia's PHL17 Morning News have viewers starting their day with a smile as they learn tips to elevate relationships both at home and at work.

A noted media personality who hosts her own Temple TV program, *Your Best Life with Lisa*, formerly known as *BOUNCING BACK with Lisa Bien!*,

As the author of her "Bouncing Back" series of self-help books, she guides readers through some of life's toughest challenges.

As a teacher, she uses her high energy and creative style to engage students, encouraging them to think, to excel and to carve their own paths.