

# LISA BIEN



**Motivational Speaker,  
TV Host and Author**

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energy.”***

*- Sharla Feldscher,  
President, FHPR*

Author, speaker, and TV host Lisa Bien combines her trademark high energy and passion for storytelling to guide people on a journey of self-love, compassion and kindness. Her books, *Life Happens: Bounce Back!* and *Divorce Happens: Bounce Back!*, lay out the Bouncing Back philosophy she developed as she overcame her own personal hardships. Her latest book, *111 Ways to Bounce Back*, continues her inspiring message, guiding others to bounce back from life's challenges using her tips and focused journaling.

Lisa's professional background in public relations and marketing helps her connect with diverse audiences. Lisa teaches in the communication schools of both Rowan University and Temple University and has a Master's degree in education.

Lisa hosts her own Temple TV program, *Your Best Life with Lisa*, where with humor and raw honesty, Lisa helps her guests confront and bounce back from serious personal and professional struggles. Lisa's "Morning Motivation" segment on Philadelphia's PHL17 TV Morning News Program is a hit with viewers, where her tips on a variety of topics motivate a large audience.

Lisa's presentation style motivates groups both small and large to find resilience and overcome adversity in their own lives. Her audiences have raved that her core message – you can overcome any challenge by first learning to love and trust yourself – is universal and motivating. Lisa's proudest accomplishments are her sons, Jacob and Ari.



## *Client Testimonials:*

### **Nicole DeFeo, CEO, Delta Phi Epsilon**

Lisa joined our organization at the International Leadership Forum, where she facilitated her session on self-love. Our audience was women ages 18 to 80. With such a wide range of generations, it could have created a stumbling block for relating the information, however, Lisa was able to translate her program to any age participant. She was one of the top rated speakers of the event, with several hundred women indicating they would attend another session with Lisa in the near future. Her energy and passion show through. Lisa's story is inspirational and moving. Our members walked away with tangible skills to create the life they want to live. We look forward to bringing Lisa back to our next event as a main stage speaker. I highly recommend her.

### **Sharla Feldscher, President, FHPR**

I've known Lisa for years and, I have seen the difference she makes with her powerful messages delivered with passion and energy. Her innate instincts are always on target and she has made lasting impressions on hundreds, if not thousands of people. What struck me the most was sitting in the audience and watching the guests listen in awe, laugh and love – love themselves after her encouraging remarks and love each other. When the president of the organization ran up to Lisa after her remarks, hugged her and then asked her to speak at another conference, I knew Lisa had made it, making a world of difference at every program she gives.

### **Judy Weaver, Executive Vice President, Acuity Healthcare**

Need motivation for your team???? Lisa is the person to support you! She is enthusiastic and engaging but drives your team to the business at hand! Would be happy to provide a personal recommendation.

### **Contact Details:**

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